

Mountain Rose (Rocky Mountain House) Yellowhead (Hinton) Camrose Red Deer Edmonton: Lurana 1-780-424-5875 Sherwood Park Safe Place 1-780-464-7233 WIN House 1-780-479-0058

Bissell Centre Hope Mission 1-780-423-2285 Ext 147 Sage Senior's Safe housing 1-780-454-8888 WEAC 1-780-423-5302

YOUTH SHELTERS

Crossroads (street kids) 1-780-915-0121 Hope Mission Youth Shelter 1-780-422-2018 Youth Emergency Shelter 1-780-468-7070

MENS SHELTERS

Herb Jamieson Center (Edmonton) 1-780-422-2018 Urban Manor (Edmonton) 1-780-425-5901

HELP STOP FAMILY VIOLENCE

Family Violence crosses all ages, ethnic groups, incomes and education levels.

Persons who have or are being abused and persons who abuse are in every community.





Pembina Crisis Connection Society

Drayton Valley and Surrounding Area

FAMILY VIOLENCE

We believe in a world free from abuse and violence

BREAK THE SILENCE!



Communtiy Healing IT CAN START WITH YOU



Pembina Crisis Connection Society

FAMILY VIOLENCE Reaching out can save a life!

All people are entitled to love, respect and dignity. No one deserves to be mistreated and abused.

Family violence can include spousal abuse (married or common-law), older adult or child abuse and neglect, parent abuse, same sex abuse, animal abuse or other forms of power and control.

Those experiencing abuse will benefit from your connections to family violence and abuse organizations. Contact the Pembina Crisis Connection Society (PCCS), RCMP, Children Services offices or any of the numbers listed below.

24 HOUR EMERGENCY HELP

Police /Ambulance/Fire 911 Emergency Social services 1-866-644-5135 Child Abuse Hotline 1-800-387-5437 Kids Help Phone 1-800-668-6868 Text 686868 Suicide distress Line 1-8334564566 Text 45645 4 - 12am

Other Help numbers\ Seniors Abuse Help Line 1-780-454-8888 Sexual Assault Centre 1-780423-4121 Family Violence Prevention Centre 1-780-423-1635 Mental Health Crisis Centre 1-877-303-2642 Animal Abuse SPCA 1-800-455-9003 Community Resources: Community Resources: Community Family Violence Initiative (CFVI) 1-587-936-1424 Pembina Crisis Connection Society (PCCS) 1-780-621-2363

WHAT TO DO TO HELP:

- Believe the persons story
- Assure the person you will keep their information in confidence unless a life is at risk
- Inform the adults in any situation where a child's well being is at risk, you are legally obligated to report this to Children's Services
- Listen to the person
- Assure the person that the abuse is NOT their fault
- Assist the person in connecting with agencies that offer support and education on family violence

WHAT NOT TO DO:

- Do not blame the person for the abuse or tell them to be a better partner
- Do not encourage the person to stay with the person who is using abusive behaviour
- Do not minimize the danger to the person or their children
- Do not council the person experiencing abuse with the person who is behaving abusively
- Do not give out information about the abused persons whereabouts

HOW TO HELP SOMEONE WHO IS BEHAVING ABUSIVELY

- Tell them that their violent and abusive behaviours are unacceptable and need to stop
- Advise them that it is not okay to use religious texts and scriptures to justify abusive behaviours
- advise them that the abusive behaviours have a negative effect on the entire family and that help is available
- Urge them to seek appropriate treatment and counseling. Do not try to provide the counseling ourself. Refer to community programs on Family Violence such as the Community Family Violence Initiative (CFVI)
- hold them accountable do not accept excuses
- Check with the partner to confirm that the abuses have stopped



Pembina Crisis Connection Society